

## #HERBOLOGYHUNO

**Hairy Bittercress** 

Cardamine hirsuta.

This plant has very small white

flowers, in a bunch at the top

made of leaflets, in opposite

of a stem. The leaves are

pairs on either side of the

stem. The leaves grow in a

ring around the base and up

the stem. The leaf stems are

hairy. The plant can be eaten

and has a strong taste. It can

be found in gardens and waste

areas where the soil is damp.

Where I found it:

When I found it:

Twitter: @herbologyhunt Instagram: wildflowerhour Facebook: Herbologyhunt



Winter heliotrope.
Petasites fragans

This plant grows in damp places, like hedge bottoms, near streams and in woodlands. It occurs next to gardens from where it may have "escaped". It was originally a garden plant, introduced from North Africa. It has pale pink flowers on stalked clusters. The leaves are large and heart-shaped. Often there are large patches of these leaves as the plant spreads by underground stems, (rhizomes). The flowers smell of vanilla.

Where I found it:

When I found it:

## ≥ DECEMBER = SPOTTER SHEET



Can you find all the wild flowers on this sheet?
Post your pictures on the Herbology Facebook group, or on Twitter and Instagram using the #herbologyhunt hashtag.

wildflowerhour.co.uk/herbologyhunt



Petty Spurge Euphorbia peplus

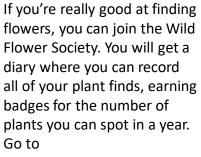
This plant has tiny green flowers towards the top of the stems. They are surrounded by bracts, (modified leaves). The stem divides into several branches. The leaves grow alternately but the topmost leaves are opposite. The plant has oval green leaves. It is found in gardens, waste areas and in fields. Don't pick the plant as the liquid that comes out, (sap), is poisonous. Where I found it:

When I found it:



My name:

My age:



thewildflowersociety.org.uk



## **Red Dead Nettle.**

Lamium purpureum
This has purple flowers in rings
around the stem. Each flower has
a hood-like petal at the top and
two lower petals. The leaves have
short stalks. They are hairy, heartshaped and with toothed edges.
Red dead nettle is found on waste
ground, alongside arable land,
gardens and along hedges and
roads. The plant has a square
stem. It looks like a small nettle
but does not sting, hence the
name "dead".
Where I found it:

When I found it:



Ilex aquifolium
This plant has shiny green,
prickly leaves with red berries.
It is traditionally used as an
indoor decoration at Christmas.
We can't ask you to look for the
small white flowers as they

come out in May! Only female trees have berries. The male trees have the leaves but no berries. Holly trees are planted in gardens and are sometimes found in hedges and woodlands.

Where I found it

When I found it.